

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	3:00-3:45 Training Session	3:00-3:45 Training Session			
4:45-5:30 Training Session	3:45-4:30 Box Builders Ages 4-6	3:45-4:30 Training Session	3:45-4:30 Training Session	3:45- 4:30 Training Session	630am-830am Open Gym
5:30-6:15 Training Session	4:30-5:30 Ninja Warrior Ages 7-10	4:30-5:30 Box Builders Ages 5-8	4:45-5:30 Four@4 class Ages 4-5	4:30-5:30 Box Builders Ages 12-16	830-9:30 Training Session
6:15-7:00 Training Session	5:30-6:30 KangaRoll Ages 12-16	5:30-6:30 Training Session	5:30-6:30 Ninja Warrior Ages 8-12	5:30-6:30 Rock & Rope Ages 7-11	9:45-10:45 Mom's Express
7:00-8:00 Monday Meet Up's	6:30-7:30 Rock & Rope Ages 12-16	6:45-7:45 Zumba Adult 17+	6:45-7:45 Dad & Me	6:45-8:15 Family Open Gym	11:15-12:15 Ninja Warrior Ages 5-8
	7:30-8:15 Training Session				12:30-1:30 Rock&Rope Ages 7-11
					1:30 -2:30pm In Play Ages 5-6
					2:45- 3:45 KangaRoll Ages- 7-11
					4:00-4:45 Four @ 4 Ages: 4
					5:30-6:30 WEBS Ages 12-16
					6:30-7:30 Fit Club Adult 17+