

Winter	Starting	Jan 1, 2018				
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	3:15-3:45 Little Box Builders Ages 3-4	3:15-3:45 Little Ninja Ages 3-4				
4:45-5:30 Training Session	3:45-4:30 Box Builders Ages 4-6	3:45-4:30 Training Session	3:45-4:30 Box Builders Ages 8-12	3:45- 4:30 Training Session	7:30-8:30am Open Rock Wall	Birthday Party Selection 1 11am-1pm
5:30-6:15 Training Session	4:30-5:30 Ninja Warrior Ages 7-11	4:30-5:30 Box Builders Ages 5-8	4:45-5:30 Ninja Warrior 5-7	4:30-5:30 Ninja Warrior Ages 8-12	8:30-9:30 Adult Adapted Movement Ages 18+	Birthday Party Selection 2 Noon-2pm
6:15-7:00 Training Session	5:45-6:45 Ninja Warrior Ages 5-7	5:30-6:30 Training Session	5:30-6:30 Ninja Warrior Ages 8-12	5:30-6:30 Rock & Rope Ages 7-11	9:45-10:45 Twists & Turns Ages 8-12	
	7:00-8:00 Rock & Rope Ages 12-16	6:45-7:45 Ninja Warrior Ages 7-11	6:45-7:45 Dad & Me	7:00-8:30 Family Open Gym	11:15-12:15 Ninja Warrior Ages 5-8	
					12:30-1:15 Box Builders Ages 4-6	
					1:45 -2:45pm Box Builders Ages 8-12	
					2:45- 3:45 Training Session	
					4:00-5:00 Box Builders Ages 12-15	
					5:00-6:00 Ninja Warrior Ages 5-8	
					6:30-7:30 Fit Club Adult 16+	